

## Who do navigators support?

- People who have an appointment for a memory assessment.
- People who have received a diagnosis of dementia.
- People with an existing diagnosis of dementia who require additional information and support.
- Family and carers for people living with dementia.

## What do I do if I'm concerned about myself or someone I know showing symptoms of dementia?

Make an appointment with your doctor to discuss your symptoms and if necessary they will refer you to a specialist for a memory assessment.



## What is the role of a Dementia Navigator?

If you receive a diagnosis of dementia it can be difficult to know what services are available.

A dementia navigator will work with you to fully explore your unique circumstances to ensure they can direct and support you to receive the right information and support at the right time.

Navigators will also work with local community groups to educate, support and raise awareness of Dementia.



## What do we offer?

- A single point of contact for any questions or support along your journey.
- Telephone contact to offer support and a listening ear.
- Face to face visits at your home or a suitable location to provide you with emotional and practical support before and following diagnosis.
- Raise your awareness of opportunities within your local community for social activity and support. i.e. support groups, day centres, empowerment groups.
- Signposting to appropriate services to meet your identified need.
- Link you to appropriate professionals for further assessment.



## Dementia Navigators

Supporting people to live well with dementia through working in partnership with those being diagnosed, their family members and the community to create a better understanding of the condition.



## How can I access the support of the navigator?

Referrals will be accepted from you, your family, GP, anyone involved in your care to try to ensure you receive the right support and the most appropriate services to meet your needs.



Contact the service through the Single Point of Referral:  
028 9504 2700



# Dementia Navigator Service



Supporting you to live well with Dementia

