



Sparkle for Dementia NI

This Christmas, let's Sparkle together and make a difference in the lives of local people with dementia.



**Hi, I'm Sharon,
a member of Dementia NI.
Thank you for
supporting our
Christmas campaign!**



What helps me to sparkle & shine

I love music and my late husband and I were in a Johnny Cash tribute band, along with our son Michael and a family friend Martin.

Tony sounded just like Johnny Cash and I loved being part of the band, playing bass guitar. We had many fun experiences, especially playing for charity fundraisers in Mahon's Hotel in Irvinestown.

Following a diagnosis of Alzheimer's, I joined my local Dementia NI Empowerment Group in Irvinestown. The Groups are important to me as they help me come to terms with my diagnosis and I enjoy the company and meeting other people with the same diagnosis.

Along with my fellow Dementia NI members, I recently took part in a wonderful project with Rock Choir to record our version of *The Climb* by Miley Cyrus. This project meant a lot to us as it raised awareness and challenged misconceptions around dementia.

My family are very important to me and support me to live well with my diagnosis. I also have a dog and a cat and by looking after them I have a purpose to get up and out every day.

It is vital that people understand that we can still live full lives and continue to do the things we love - and of course Sparkle! Your support is vital to ensure people living with dementia across Northern Ireland can live with hope and purpose.

Thank you & Happy Christmas!

Do you love to...

SPARKLE ?

Then this Christmas is the perfect time to **SPRINKLE** your **SPARKLE** and support the work of **DEMENTIA NI!**

Your support will empower people with dementia to find hope and purpose following a diagnosis and continue to do things that bring them joy.

What can I do to get involved?

- ★ Hold a Sparkly Christmas Jumper Day
- ★ Have an office Christmas coffee morning where the treats and YOU are decked out in Sparkle!
- ★ Decorate your desk in some Sparkle for the month of December
- ★ Sparkle your dog on their Christmas walks
- ★ Organise a fun Sparkle event with friends

100%
of the money
you raise stays
in Northern
Ireland

However you choose to Sparkle this Christmas, your donation will help us provide life-changing support for local people with a dementia diagnosis.

How can I get the funds to Dementia NI?

- ★ You can fundraise via Just Giving or Facebook or visit our website at dementiani.org and donate via the Donate Now button
- ★ Give us a call on 02896 931 555 and we can provide our bank details - or send a cheque made payable to 'Dementia NI' to our office at Dementia NI, NICVA, 61 Duncairn Gardens, Belfast, BT15 2GB
- ★ Remember to tick the Gift Aid box and your donations will be worth 25% more to us at no extra cost to you!



**You're a
superstar!**

Thank you so much for taking the time to fundraise for us. It means the world to Dementia NI members, not just at Christmas but all year round.

Your kindness will help fund our Empowerment service, which provides vital peer support and helps people to regain confidence after a diagnosis. Together, we can spread hope and make a difference in the lives of local people with dementia.

For more information or to receive your Sparkle pack, call Jacqui or Rebecca on 02896 931 555 or email fundraising@dementiani.org

**MERRY
Christmas**

From all at Dementia NI

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