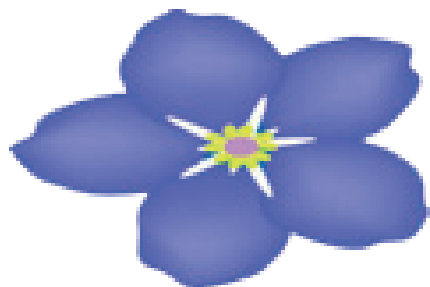


Dementia Navigator Service



Forget-me-not

Have you ...

Received a diagnosis of dementia?

Are you supporting someone with dementia?

Unsure where to turn for support?

LET A NAVIGATOR HELP YOU

Dementia Navigators are based in:

- Lisburn
- North Down and Ards
- Downpatrick.

**Hello
my name is**

Linda Dornan

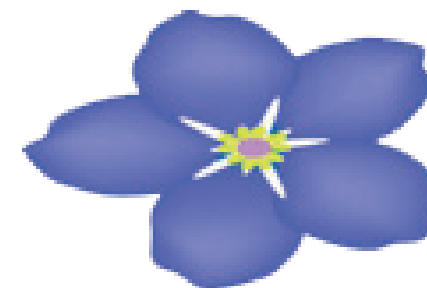
**I am your Dementia Navigator
in Downpatrick**

✉ **Mental Health
Services Older People
Downpatrick Community Services
1st Floor
Downe Hospital
Struell Wells Road
Downpatrick
BT30 6RL**

📞 **Tel: (028) 9598 8089**

**I work Monday - Friday
9.00am - 5.00pm**

Dementia Navigators



Forget-me-not

**Supporting people
living with
Dementia**

Dementia

A diagnosis of dementia can raise many emotions and questions.

Every person with a diagnosis of dementia experiences the illness differently.

Dementia presents new challenges for the person with the diagnosis and their family and carers and it can be difficult to know what services or help is available.

The Navigator will work with you to fully explore your unique circumstances.

Some reasons for a referral to a Navigator:

- For further information about dementia to be able to understand your or your family member's diagnosis
- For information about practical and emotional support networks and opportunities available in your community
- To navigate the services that may be available in your area
- To explore the opportunities available in your community to help you and/or your family or carers to live well with dementia.

Who do Dementia Navigators support?

- A Person who has received a **NEW** diagnosis of dementia
- A Person with an **EXISTING** diagnosis of dementia and who requires **ADDITIONAL** information and support *
- The **FAMILY** and **CARERS** for people living with dementia.

** You may already have services from the Trust and if you have a keyworker (eg. a social worker or nurse) then it is likely that your keyworker will be able to provide the information you need.*

The Dementia Navigator can work alongside the keyworker to enable you to receive the information and support you require.



How can I access the support of a Dementia Navigator?

If you receive a diagnosis of dementia you can be referred by the Consultant or Doctor who gave you your diagnosis.

Your GP can also make a referral to the Navigator.

A person with a diagnosis of dementia and their families can also self-refer to the Navigator for advice.

What will the Navigator offer?

- Telephone contact or face to face visits at your home or a suitable location
- Signposting to appropriate services to meet your identified need
- Information about opportunities within your local community eg. support groups, daytime activities
- Support to navigate and access the right information and the right person for help at the right time.